

Trainingsschema najaar 2022 t/m de zaal

TIJDEN		08:00	...	14:30 - 14:45	14:45 - 15:00	15:00 - 15:15	15:15 - 15:30	15:30 - 15:45	15:45 - 16:00	16:00 - 16:15	16:15 - 16:30	16:30 - 16:45	16:45 - 17:00	17:00 - 17:15	17:15 - 17:30	17:30 - 17:45	17:45 - 18:00	18:00 - 18:15	18:15 - 18:30	18:30 - 18:45	18:45 - 19:00	19:00 - 19:15	19:15 - 19:30	19:30 - 19:45	19:45 - 20:00	20:00 - 20:15	20:15 - 20:30	20:30 - 20:45	20:45 - 21:00	21:00 - 21:15	21:15 - 21:30	21:30 - 21:45	21:45 - 22:00	22:00 - 22:15	22:15 - 22:30	22:30 - 22:45	22:45 - 23:00
		1	2	3	4	9	10	11	12																												
MAANDAG	Links	Tennis												Tennis Husseel												Tennis											
		VCS 17:00 - 21:00 uur																																			
		BSO 14:30 - 18:00												A3																							
														Top 8																							
	Beachveld																																				
DINSDAG	Links	Tennis												Tennis																							
		VCS 17:00 - 21:00 uur																																			
		BSO 14:30 - 17:00												F teams		C3 / C4		A1 / A2		Top 1 / 2																	
														D3/D4		D1/D2		C1 / C2		Top 3																	
	Beachveld																																				
WOENSDAG	Links	Tennis												A5																							
		VCS 17:00 - 21:00 uur																																			
		E teams												A3 / A4		Top 6 / 10																					
														F teams		B3 / B4		Top 7 / 8 / 9																			
	Beachveld																																				
DONDERDAG	Links	Tennis												D1/D2		B3 / B4		Masters																			
		VCS 17:00 - 21:00 uur																																			
		BSO 14:30 - 17:00												E teams		C3 / C4		A1 / A2		Top 1 / 2																	
														D3/D4		B5 / B6 B7		B1 / B2		Top 3																	
	Beachveld																																				
VRIJDAG	Links	Tennis																																			
		VCS 17:00 - 21:00 uur																																			
	Beachveld																																				

Versie 16-9-2022